

Physical Education Program

Are you ready to get involved with our physical education program at the Light and Leadership Initiative? We hope the following information will serve useful as you make your decision to volunteer with us here in Peru. This is meant to serve as an outline and guide for what to expect while volunteering in our Physical Education program.

FIRST OFF, **Is this placement for you?**

- Do you enjoy working with kids ages 7-12 years old?
- Do you speak at least basic Spanish and are willing to learn sports related vocab?
- Do you feel confident about leading a group of kids?
- Do you have experience in the physical education field, either playing, coaching or working as a professional?

If the answer is **yes**, hooray! You'd likely be a great fit for our Physical Education program.

GOALS OF THE PHYSICAL EDUCATION PROGRAM

- Provide an opportunity for kids to get out and play!
- Encourage cooperation and teamwork, among boys and girls
- Teach new skills and sports otherwise not found in Peruvian schools
- Build self-confidence and trust between participants and teachers

THE DETAILS

Each volunteer with LLI receives a primary placement (20-30 hours/week) and some also receive a secondary placement (5-10 hours/week).

Both primary and secondary placements work together in developing the next curriculum module. Past modules have been basketball, ultimate frisbee, yoga, and more. The possibilities are endless!

Primary Placement: LEAD TEACHER

As a lead teacher, you should expect to...

- Be given program orientation & training within your first two days of volunteer work
- Work on a new curriculum module and/or utilize the existing curriculum
- Be prepared with a lesson plan for each week (each class is one hour)
- Research any vocabulary necessary for each week's lesson
- Teach your lesson in 4-6 classes each week (different group of kids, but same lesson!)
- Take attendance and lead your Physical Education class outside to the court/field
- Assist with basic data entry for the program
- Work with your co-teacher to maximize your impact in class

Secondary Placement: CO-TEACHER

As a co-teacher, you should expect to...

- Be given program orientation & training within your first two days of volunteer work
- Be prepared with a lesson plan for each week (each class is one hour)
- Work with your lead teacher to maximize your impact in class

Not sure of your placement now that you've read through everything? Please communicate with us ASAP! We want to ensure the volunteering is beneficial to you, to the organization and most of all, to the community we serve!

